

Be a Catalyst for Change & Ignite Hope Join the Help Lesotho Board of Directors

Are you passionate about **youth empowerment, mental health and international development**? Are you interested in **making a difference that spans continents and transforms lives**?

Help Lesotho, a bi-national registered NGO in Canada and Lesotho, is seeking **mission driven leaders** to join our volunteer Board of Directors at our Annual General Meeting in November 2026.

As a Board member, you will have the opportunity to continue to shape an organization that has **engaged, trained and empowered** more than 365,000 individuals in rural communities in Lesotho, creating a **critical mass of social change agents**.

This year, we are particularly interested in candidates with experience in **international cooperation, fundraising/donor engagement, and board governance**. Reflecting our commitment to building a culturally and generationally diverse Board we **encourage applications from leaders of all backgrounds**.

Why Help Lesotho Matters?

When families are in survival mode (coping with poverty, HIV/AIDS, gender based violence, sense of hopelessness) young people miss out on the support structures that typically instill life skills. Help Lesotho works alongside community leaders to support mental health, gender equity, and leadership development. Our programs are holistic, evidence informed, and rooted in **resilience**. We believe every young person deserves the opportunity to **heal, learn, grow**. Help Lesotho employs a grassroots, **community-led model** driven by our dedicated, local Basotho staff of 40 people - 80% of whom are alumni of our programs.

Our graduates are not just beneficiaries: they are **leaders of change**; youth acting as role models in their schools and villages; grandmothers providing family and community support; young mothers navigating life with newfound confidence and skills; herd boys becoming men they feel proud to be; community leaders showing leadership and taking accountability for creating safer, healthier communities.

Over 21 years, Help Lesotho has:

- Built programs grounded in **local empowerment and accountability**, taking a system wide approach.
- **Engaged over 365,000** individuals through Help Lesotho programming.
- **Trained more than 60,000 graduates** including children, youth, grandmothers herd boys, young mothers, police officers, health workers and other community leaders.
- Raised over **\$30M CAD** from a diverse group of donors and global partners, including **UNICEF, GIZ and UNFPA**.
- Been accredited by **Imagine Canada** since 2014, recognizing our fiduciary accountability and transparency.

The Help Lesotho Board

Our Board provides **strategic leadership and governance**, ensuring that the organization remains **mission driven, financially sustainable and impactful**.

Board members:

- Provide **fiduciary oversight** and shape and approve policies that reflect our mission and values
- Help **shape strategy** that will amplify Help Lesotho's impact
- Bring unique **expertise, perspectives, and wisdom** to advance Help Lesotho's mission

Board terms are **three years**, with a maximum of **nine years**. Executive Officers and Committee Chairs serve **two-year terms**. Board service is **volunteer-based and unpaid**.

Board Member Expectations

As a Help Lesotho Board member you will:

- **Champion Help Lesotho** within your networks to enhance visibility and growth
- Attend and provide thoughtful engagement at **5-8 virtual Board meetings annually** (Mondays, 12-2 EST)
- Participate in an annual **full-day Board Retreat** (in person or hybrid)
- Sit on at least **one Board Committee** (Finance & Audit, HR, Governance), meeting virtually
- Sign a declaration agreeing to **fiduciary duties and Board/organizational policies**
- Make an **annual financial contribution** meaningful to you

While it is not a condition of Board membership, Board members are encouraged to travel to Lesotho to **witness and experience the impact of Help Lesotho's programs** first hand.

What's in It for You?

Joining our Board is more than governance – it's an opportunity to be **part of a transformative story**: supporting young leaders, shaping resilient communities, and making a measurable difference in the lives of tens of thousands across Lesotho. Your experience, insight, and leadership will **influence social change and mental health outcomes**.

How to Apply?

Submit your **Expression of Interest and Resume** [via our online form](#). The **Governance Committee** will review applications and invite short-listed candidates for virtual interviews.

For questions about this opportunity or to speak to an existing Board member contact info@helplesotho.org.

We thank all applicants for their interest in joining our mission to **ignite hope and resilience in Lesotho**.